

PATIENT INFORMATION

Full Name: _____ Date: ____/____/____
Address: _____ City: _____ State: _____ Zip: _____
Sex: ☐ Male ☐ Female Age: ____ Date of Birth: ____/____/____ Social Security #: _____
Whom may we thank for referring you? _____

EMERGENCY CONTACT INFORMATION FOR PARENT/GAURDIAN

Parent/Guardian Full Name: _____
Address: _____ City: _____ State: _____ Zip: _____
Home: _____ Cell: _____ Work: _____ Ext: _____ Text-Message Enabled? ☐ Yes ☐ No
What is the best time and place to reach you? _____ I would like to receive appointment
E-mail Address: _____ reminders via: **TEXT** or **EMAIL**
Cell Provider: _____

PATIENT CONDITION

Area of Primary Complaint: _____

When did the symptoms first appear? _____

How did the symptoms start? _____

Is this condition getting progressively worse? ☐ Yes ☐ No ☐ Not sure/no change

Pain Rating: (mark circles)

Currently: no pain ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ worst possible pain

Average: no pain ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ worst possible pain

At Best: no pain ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ worst possible pain

At Worst: no pain ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ worst possible pain

Do the symptoms radiate to any other body parts? _____

Described as: ☐ Aching ☐ Burning ☐ Sharp ☐ Stabbing ☐ Throbbing ☐ Other: _____

Frequency: ☐ Infrequent (<25%) ☐ Occasional (25-50%) ☐ Frequent (50-75%) ☐ Constant (>75%)

These Symptoms have interfered with Activities of Daily Living: ☐ Extremely ☐ Quite a Bit ☐ Moderately ☐ A Little Bit ☐ Not at All

Time of day at worst: ☐ Morning ☐ Afternoon ☐ Evening ☐ Night and/or **After Activity:** ☐ Normal ☐ Light ☐ Moderate ☐ Heavy

Does it interfere with: ☐ Sleep ☐ Daily Routine ☐ Recreation ☐ House Work ☐ Other: _____

Activities or movements that are painful to perform: ☐ Sitting ☐ Standing ☐ Walking ☐ Bending ☐ Lying Down ☐ Other: _____

What makes it better? ☐ Medication ☐ Lying Down ☐ Standing ☐ Sitting ☐ Stretching ☐ Ice ☐ Heat ☐ Sleep ☐ Nothing ☐ Other: _____

What makes it worse?

☐ Movements

☐ Sneezing

☐ Yawning

☐ Running

☐ Bending

☐ Sitting

☐ Opening Mouth

☐ Bright Lights

☐ Laying Down

☐ Twisting

☐ Standing

☐ Closing Mouth

☐ Loud Noises

☐ Other: _____

☐ Weight Bearing

☐ Walking

☐ Range of Motion

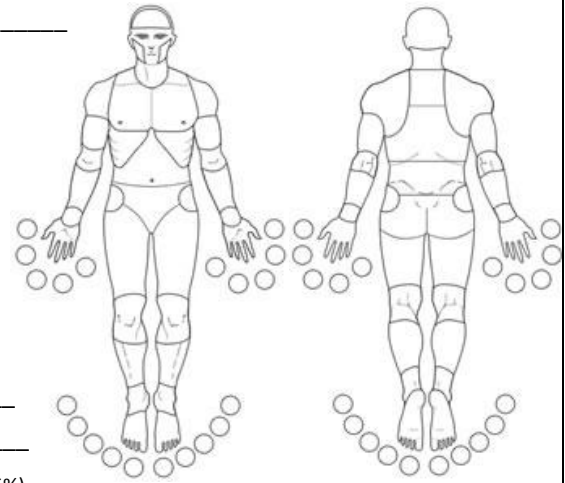
☐ Watching TV

☐ Other: _____

☐ Neck Flexion

☐ Chewing

☐ Pushing/Pulling



Pregnancy/Birth History

(For children from **birth to 3 years**):

- **Was the pregnancy full-term?** ☐ Yes ☐ No, born at ____ weeks
- **Interventions or Complications:** ☐ Vaginal ☐ C-Section ☐ Forceps ☐ Vacuum Extraction ☐ Breach ☐ Induction ☐ Pain Medications
☐ Epidural
- **Was the child breastfed or formula-fed?** ☐ Breast ☐ Formula; If formula, what kind? _____ If breast, how long? _____
- **Any difficulty with breastfeeding/latching?** ☐ Yes ☐ No
- **Childs weight and height at birth:** Weight _____ Height _____

HEALTH HISTORY

Present Illness/Conditions: (mark all that apply)

- | | | | | | |
|------------------------------------|--|--|---|--|----------------------------------|
| ☐ Scoliosis | ☐ Cancer | ☐ Heart Problem | ☐ Multiple Sclerosis | ☐ Hip Dysplasia | ☐ Ulcer |
| ☐ ADHD | ☐ Diabetes | ☐ Dislocated Joints | ☐ Pacemaker | ☐ Thyroid Trouble | ☐ Polio |
| ☐ Allergies | ☐ Diverticulitis | ☐ Cirrhosis/Hepatitis | ☐ Prostate Trouble | ☐ Tuberculosis (TB) | ☐ RSV |
| ☐ Anemia | ☐ Low Blood Pressure | ☐ Kidney Trouble | ☐ Rheumatic Fever | ☐ Hay Fever | ☐ AIDS |
| ☐ Arthritis | ☐ High Blood Pressure | ☐ Mental Disorder | ☐ Sinus Trouble | ☐ Bone Fracture | ☐ HIV/ARC |
| ☐ Asthma | ☐ Colic | ☐ Constipation | ☐ Digestive Issues | ☐ Ear Infections | ☐ GERD |
| ☐ Autism | ☐ Torticollis | ☐ Strep Throat | ☐ Bed Wetting | ☐ Tongue-tied | |

Family History of Illness/Conditions: (mark all that apply)

- | | | | | | |
|------------------------------------|--|--|---|--|----------------------------------|
| ☐ Scoliosis | ☐ Cancer | ☐ Heart Problem | ☐ Multiple Sclerosis | ☐ Disc Disease | ☐ Ulcer |
| ☐ Allergies | ☐ Diabetes | ☐ Dislocated Joints | ☐ Pacemaker | ☐ Thyroid Trouble | ☐ Polio |
| ☐ Anemia | ☐ Diverticulitis | ☐ Cirrhosis/Hepatitis | ☐ Prostate Trouble | ☐ Tuberculosis (TB) | ☐ STDs |
| ☐ Arthritis | ☐ Low Blood Pressure | ☐ Kidney Trouble | ☐ Rheumatic Fever | ☐ Hay Fever | ☐ AIDS |
| ☐ Asthma | ☐ High Blood Pressure | ☐ Mental Disorder | ☐ Sinus Trouble | ☐ Bone Fracture | ☐ HIV/ARC |

Other: _____

Milestones Met: (Please check all that apply based on child's age)

Birth to 6 months: ☐ Turns head to both sides ☐ Lifts head during tummy time ☐ Pushes up on arms ☐ Follows objects with eyes ☐ Shows reaction to sounds	6 Months to 1 year: ☐ Rolls over both directions ☐ Sits without support ☐ Crawls ☐ Pulls up to stand ☐ Responds to name	1 to 3 Years: ☐ Walks independently ☐ Climbs and runs ☐ Uses simple words/phrases ☐ Imitates actions ☐ Shows preference for one hand
3 to 10 years: ☐ Jumps with both feet ☐ Balances on one foot ☐ Rides a bike (with or without training wheels) ☐ Speaks in full sentences ☐ Writes/draws with a pencil or crayon		

Check any treatments tried in treating this condition: ☐ Ice ☐ Dry Heat ☐ Moist Heat ☐ Stretching ☐ Massage

☐ Physical Therapy ☐ Bed Rest ☐ Medications ☐ Other: _____

Results from treatments:

List any medications he/she is currently taking:

Sleeping Habits: Position: ☐ Back ☐ Stomach ☐ Left Side ☐ Right Side

How many hours of sleep at night? _____

Bed Type: ☐ Crib ☐ Conventional ☐ Water ☐ Tempurpedic ☐ Air Pillows at head? ① ② At Knees? ① ② Body Pillow? ☐ YES ☐ NO